




February 2012- Junior High Lunch Menu


7th & 8th \$ 2.05

Lunch includes a choice of milk & a variety of condiments.
Price: \$2.05 or \$0.40. Menu is subject to change.

milk only .45¢

Keep an eye out for the heart healthy foods and try to eat more of them throughout your day!

6	7	8	9	10
257 Hot Dog w/Tri-Taters 131 Honey Nuts 717 Mixed Vegetables 753 Orange Juice 907 Wheat Hot Dog Bun	223 Crispy Chicken Filet 118 String Cheese 715 Corn 315 Apple Cinnamon Toast 752 Fruit Juice Blend	419 Spaghetti with Meatballs  699 Mixed Fruit Applesauce 909 Italian Breadstick	224 Popcorn Chicken with Potato Smiles 130 Sunflower Kernels 700 Bagged Carrots 906 White Bread	SPECIAL LUNCH TODAY CHICKEN CHEESE STEAK from JOE'S Cost \$3.50 PLEASE USE SPECIAL ORDER FORM TO ORDER THIS LUNCH
13	14	15	16	17
POT LUCK LUNCH TODAY	424 Chicken Nuggets with Hash Browns 683 Tropical Applesauce 906 White Bread 937 Valentine Holiday Cookie	316 French Toast with Sausage 132 Strawberry Yogurt 697 Bagged Apples 753 Orange Juice	225 Chicken Tenders with Potato Smiles 118 String Cheese 712 Corn & Carrots 749 Apple Cherry Juice 904 Wheat Bread	SPECIAL LUNCH TODAY GRILLED CHIKEN CAESAR SALAD from DEVITO'S Cost \$3.50 PLEASE USE SPECIAL ORDER FORM TO ORDER THIS LUNCH
20	21	22	23	24
NO SCHOOL TODAY President's Day	424 Chicken Nuggets with Hash Browns 717 Mixed Vegetables 752 Fruit Juice Blend 904 Wheat Bread	255 Cheese Stuffed Breadsticks 114 Golden Deluxe Trail Mix 698 Marinara Dip 681 Grape Giggles 749 Apple Cherry Juice Ash Wednesday	421 Salisbury Steak 610 Mashed Potatoes 700 Bagged Carrots 905 Potato bun	261-263-268 Pizza Choice 118 String Cheese 602 Tossed Salad 670 Fresh Fruit

27	28	29	March 1	2
417 Chicken Parmesan  687 Rosati Italian Ice 909 Italian Breadsticks	410 Cheeseburger 715 Corn 699 Mixed Fruit Applesauce 905 Potato Bun	424 Chicken Nuggets with Hash Browns 717 Mixed Vegetables 752 Fruit Juice Blend 904 Wheat Bread	217 Teriyaki Chicken w/Rice 131 Honey Nutz 602 Tossed Salad 750 Apple Juice	SPECIAL LUNCH TODAY TUNA HOAGIE from TONY'S Cost \$3.50 PLEASE USE SPECIAL ORDER FORM TO ORDER THIS LUNCH

PLEASE READ CAREFULLY

Parents are strongly advised to review this menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information, please call 215-895-3470 during normal business hours.