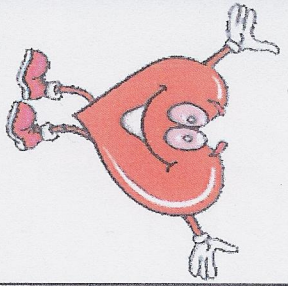


Elementary School Lunch Menu - February 2012



Try making your heart happy this month by eating nutritious foods and engaging in regular physical activity. List 3 things you plan on doing to make your heart happy this month:

- 1.
- 2.
- 3.



Nutritional Development Services
Archdiocese of Philadelphia

222 North 17th Street
Philadelphia, PA 19103

215-895-3470
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Contact: Anne Ayella

Lunch always includes a choice of milk and a variety of condiments. Menu is subject to change. Elementary School Lunch Prices: \$1.95 or \$0.40 milk only .45¢

6	257 Hot Dog with Tri-Takers 717 Mixed Vegetables 753 Orange Juice 907 Wheat Hot Dog Bun 911 Apple Oatmeal Bar	7	223 Crispy Chicken Tenders 715 Corn 315 Apple Raisin Toast 752 Fruit Juice Blend	8	290 Spaghetti with Meatballs 699 Mixed Fruit Applesauce 909 Italian Breadstick	9	224 Popcorn Chicken with Potato Smiles 700 Bagged Carrots 906 White Bread	10	SPECIAL LUNCH TODAY CHICKEN CHEESE STEAK From JOE'S cost \$3.50 PLEASE USE SPECIAL ORDER FORM TO ORDER THIS LUNCH
13	POT LUCK LUNCH TODAY	14	214 Chicken Nuggets With Hash Browns 683 Tropical Applesauce 906 White Bread 937 Valentine Holiday Cookie	15	316 French Toast with Sausage 697 Bagged Apples 753 Orange Juice	16	225 Chicken Tenders with Potato Smiles 712 Corn & Carrots 749 Apple Cherry Juice 904 Wheat Bread	17	SPECIAL LUNCH TODAY GRILLED CHICKEN CAESAR SALAD from DEVITO'S Cost \$3.50 PLEASE USE SPECIAL ORDER FORM TO ORDER THIS LUNCH
20	NO SCHOOL TODAY President's Day	21	214 Chicken Nuggets With Hash Browns 711 Mixed Vegetables 752 Fruit Juice Blend 904 Wheat Bread 927 Animal Crackers	22	255 Cheese Stuffed Breadsticks 682 Marinara Dipping Sauce 681 Grape Giggles 749 Apple Cherry Juice Ash Wednesday	23	255 Salisbury Steak w/Gravy 610 Mashed Potatoes 700 Bagged Carrots 905 Potato Bun	24	261-263-268 Pizza Choice 602 Tossed Salad 670 Fresh Fruit 912 Oatmeal Chocolate Chip Bar
27	204 Chicken Parmesan 687 Rosati Italian Ice 909 Italian Breadstick	28	201 Cheeseburger 715 Corn 699 Mixed Fruit Applesauce 905 Potato Bun 911 Apple Oatmeal Bar	29	225 Chicken Tenders w/Potato Smiles 717 Mixed Vegetables 752 Fruit Juice Blend 904 Wheat Bread	March 1	217 Teriyaki Chicken w/Rice 602 Tossed Salad 750 Apple Juice	2	SPECIAL LUNCH TODAY TUNA HOAGIE from TONY'S Cost \$3.50 PLEASE USE SPECIAL ORDER FORM TO ORDER THIS LUNCH

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness.

The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item.

Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.

PLEASE READ CAREFULLY