





November 2011 - Junior High Lunch menu

Lunch includes a choice of milk & a variety of condiments.

Price: \$2.05 or \$3.50. Menu is subject to change.

milk only .45¢

Circle the fruits and vegetables you eat this month, and try something new each week at lunch!

October 31	November 1	2	3	4
225 Chicken Tenders w/Potato Smiles 114 Golden Deluxe Trail Mix 692 Orange-Pineapple Whole Fruit Juice Cup 904 Wheat Bread 992 Chocolate Chip Cookie	316 French Toast w/Sausage 137 Peach Yogurt 697 Bagged Apples 753 Orange Juice <i>All Saints Day</i>	257 Hot Dog w/Tri-Taters 118 String Cheese 717 Mixed Vegetables 752 Fruit Juice Blend 907 Wheat Hot Dog Bun 924 French Onion Sun Chips	SPECIAL LUNCH TODAY PIZZA from TONY'S PLEASE USE SPECIAL ORDER FORM WHEN ORDERING COST \$2.00 or \$3.50	490 SPAGHETTI w/MEATBALLS 711 green beans 903 Italian roll
7	8	9	10	11
224 Popcorn Chicken with Potato Smiles 125 Honey Chicken Stick 700 Bagged Carrots 906 White Bread 935 All Sports Grahams	421 Salisbury w/Gravy 610 Mashed Potatoes 749 Apple Cherry Juice 905 Potato Hamburger Bun 971 Oatmeal Cookie	SPECIAL LUNCH TODAY MAC & CHEESE From JOE'S PLEASE USE SPECIAL ORDER FORM WHEN ORDERING cost \$3.50	255 Cheese Stuffed Breadsticks 133 Strawberry Banana Yogurt 682 Marinara Sauce 753 Orange Juice	NO SCHOOL TODAY
14	15	16	17	18
257 Hot Dog w/Tri-Taters 114 Golden Deluxe Trail Mix 698 Blueberry Applesauce 907 Wheat Hot Dog Bun 991 Oatmeal Cookie	416 CHICKEN NUGGETS 717 Mixed Vegetables 315 Apple Cinnamon Toast 752 Fruit Juice Blend	226 Garden Salad w/Chicken 118 String Cheese 697 Sliced Apples 909 Italian Breadsticks 920 Vanilla Smart Cookie	225 Chicken Tenders w/Potato Smiles 129 Honey Roasted Sunflower Kernels 700 Bagged Carrots 749 Apple Cherry Juice 904 Wheat Bread	SPECIAL LUNCH TODAY CHEESE STEAK From DEVITO'S PLEASE USE SPECIAL ORDER FORM WHEN ORDERING COST \$3.50
21	22	23	24	25
222 Turkey w/Gravy 134 Cherry Vanilla Yogurt 610 Mashed Potatoes 717 Mixed Vegetables 310 Corn Bread Loaf 937 Holiday Cookie	224 Popcorn Chicken w/Potato Smiles 130 Sunflower Kernels  601 Vegetable Cup 906 White Bread	EARLY DISMISSAL 11:30 AM		Thanksgiving Holiday
28	29	30	December 1	2
SPECIAL LUNCH TODAY ARBY'S ROASTBEEF PLEASE USE SPECIAL ORDER FORM WHEN ORDERING COST \$2.00 or \$3.00	423 Chicken Nuggets with Hash Browns 717 Mixed Vegetables 753 Orange Juice 906 White Bread	421 Salisbury w/Gravy 610 Mashed Potatoes 685 Rosati Italian Ice 904 Wheat Bread	226 Garden Salad w/Chicken 118 String Cheese 681 Grape Giggles 909 Italian Breadsticks	POT LUCK TODAY NO SCHOOL FOR PK-4 To 3rd grade

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.