

October 2011 - Junior High Lunch Menu

7th & 8th


Lunch includes a choice of milk & a variety of condiments.

Price: \$2.05 or \$0.40. Menu is subject to change.

\$2.05



Circle the fruits and vegetables you eat this month, and try something new each week at lunch!

3	4	5	6	7
424 Chicken Nuggets w/Hash Browns 700 Bagged Carrots 904 Wheat Bread	255 Cheese Stuffed Breadsticks 129 Honey Roasted Sunflower Kernels 682 Marinara Dip 753 Orange Juice	NO SCHOOL TODAY	419 Spaghetti with Meatballs 602 Tossed Salad 901 Dinner Roll	TONY'S PIZZA PIZZA DAY PLEASE USE SPECIAL ORDER FORM
10	11	12	13	14
209 Toasted Cheese Sandwich 125 Honey Chicken Stick 670 Fresh Fruit 695 Rosati Italian Ice 988 Cinnamon Graham Crackers	316 Chicken Filet 712 Corn & Carrots 688 Strawberry Applesauce 900 Hamburger Bun OR 906 White Bread	421 Salisbury w/Gravy 710 Mashed Potatoes 750 Apple Juice 904 Wheat Bread 920 Vanilla Smart Cookies	224 Popcorn Chicken with Potato Smiles 114 Golden Deluxe Trail Mix 700 Bagged Carrots 906 White Bread	DEVITO'S PIZZA MEATBALL SANDWICH PLEASE USE SPECIAL ORDER FORM
17	18	19	20	21
257 Hot Dog w/Tri-Taters 128 Roasted Red Pepper Hummus 902 Wheat Hot Dog Bun 924 French Onion Sun Chips	316 French Toast Sticks with Sausage Patty 131 Honey Nutz 741 Pineapple Cup 753 Orange Juice	JOE'S PIZZA CHEESESTEAK PLEASE USE SPECIAL ORDER FORM	226 Garden Salad with Chicken 118 String Cheese 697 Bagged Apples 909 Italian Bread Stick	424 Chicken Nuggets w/Hash Browns 692 Orange Pineapple Whole Fruit Juice Cup 904 Wheat Bread
24	25	26	27	28
NO SCHOOL TODAY	224 Popcorn Chicken with Potato Smiles 125 Honey Chicken Stick 700 Bagged Carrots 906 White Bread OR 310 Corn Bread Loaf	255 Cheese Stuffed Breadsticks 114 Golden Deluxe Trail Mix 682 Marinara Sauce 670 Fresh Fruit	POT LUCK DAY	DEVITO'S PIZZA HOADIE DAY PLEASE USE SPECIAL ORDER FORM Apple Crunch Day 

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.